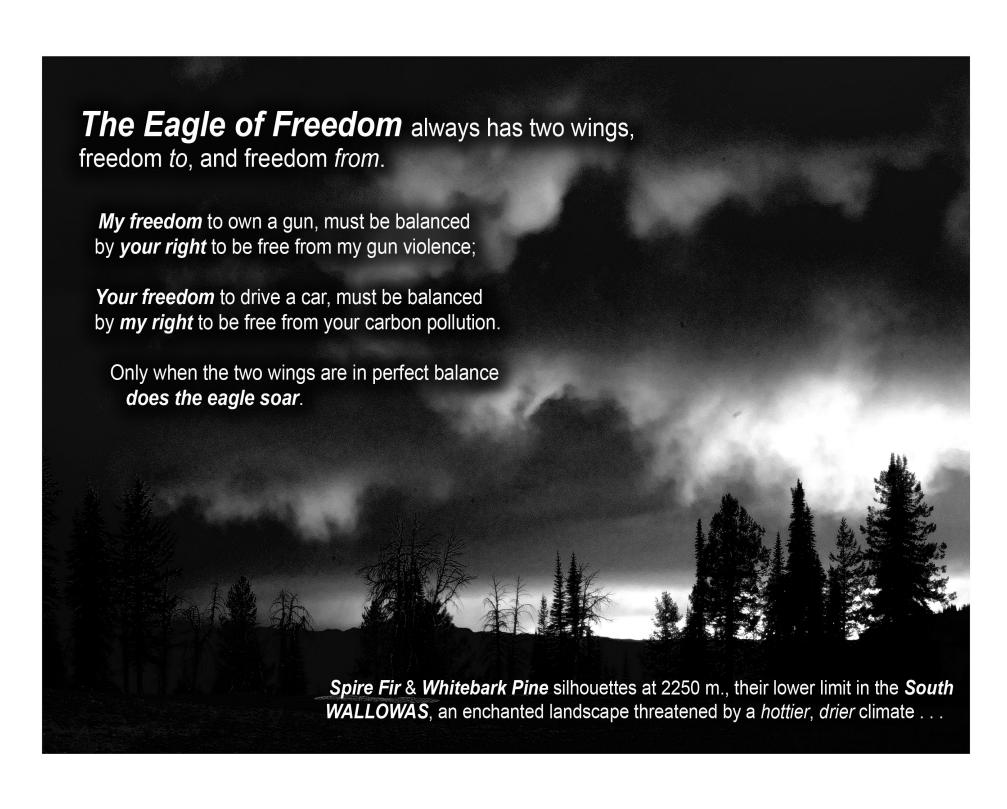


J A N U A R Y 2 0 1 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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6	7	8	9	10	11	12	
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20	21	22	23	24	25	26	
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F E B R U A R Y 2 0 1 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
January 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	March 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	29	30	31	1	2	
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17	18	19	20	21	22	23	
24	25	26	27	28	1	2	
3	4	5	6	7	8	9	



The *root of Climate Change* is not carbon; It's the destructive nature of thought itself. I wrongly divide myself from the world. Everything 'other' *I ignore*, or *fear*, or *seek to control*, or *destroy*. Our war against Nature, against ourselves, ends only with a revolution of thought and consciousness.

DIPPER FALLS, above Cliff River, flowing into the South Fork of the IMNAHA

M A R C H 2 0 1 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
February 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	April 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	26	27	28	1	2	
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17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31	1	2	3	4	5	6	

3-fold REVOLUTION—

a necessary unity

The **digital**, **solar energy**, and **consciousness revolutions** converge easily and naturally, like three forks of one great river, and thereby synergistically greatly amplify their collective strength and creative potential.

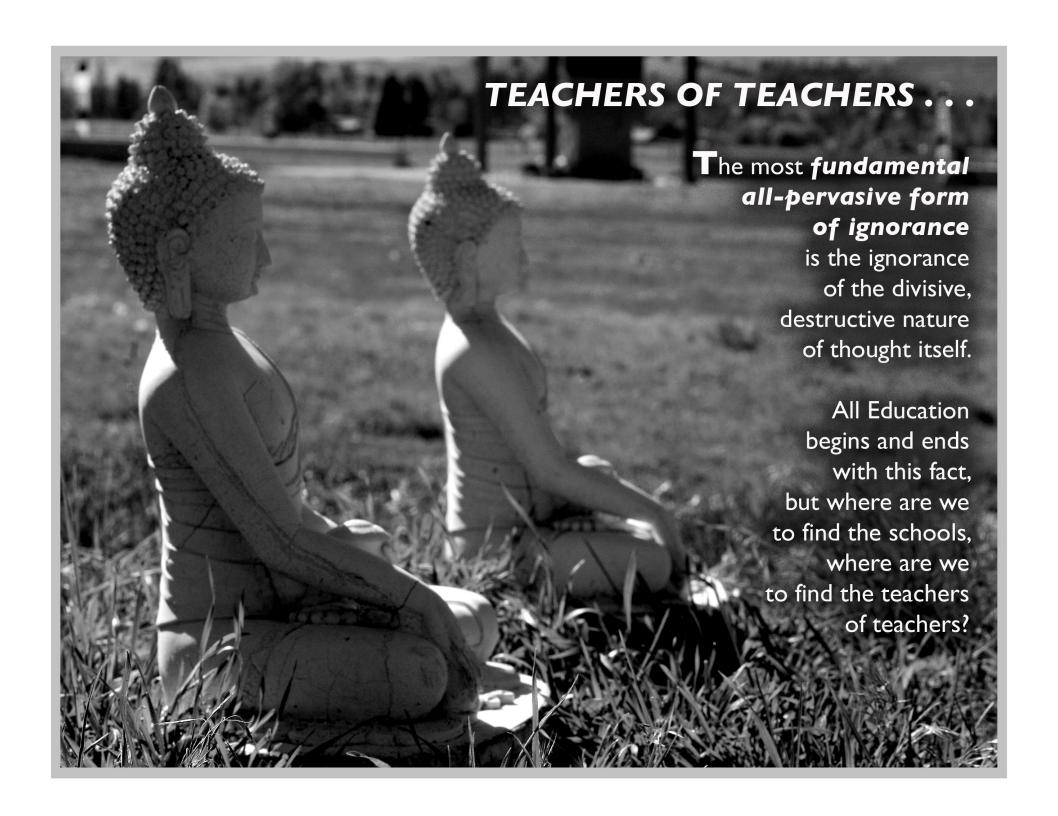
But clearly, consciousness is primary.

revolution of consciousness,
the present ignorance of the
divisive nature of thought generally
will continue to cause war and conflict
in all our relationships. Without a
revolution of consciousness, the demonic eye
on top of the pyramid of control
will simply use smart, well-designed,
rational technologies for its own highly irrational,
destructive, and—as we now see playing out
on the world stage before us—
brutally authoritarian purposes.

The OWYHEE DAM & RESERVOIR, completed in 1932, were a dress rehearsal for the HOOVER DAM. The legendary salmon runs all the work to Lake WINNEMUCCA in NEVADA were sacrificed simply to impound 1.5 km3 of *public water* to irrigate 500 km2 of *private land*. And so, a basic cycle of life was destroyed.

A P R I L 2 0 1 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
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M A Y 2 0 1 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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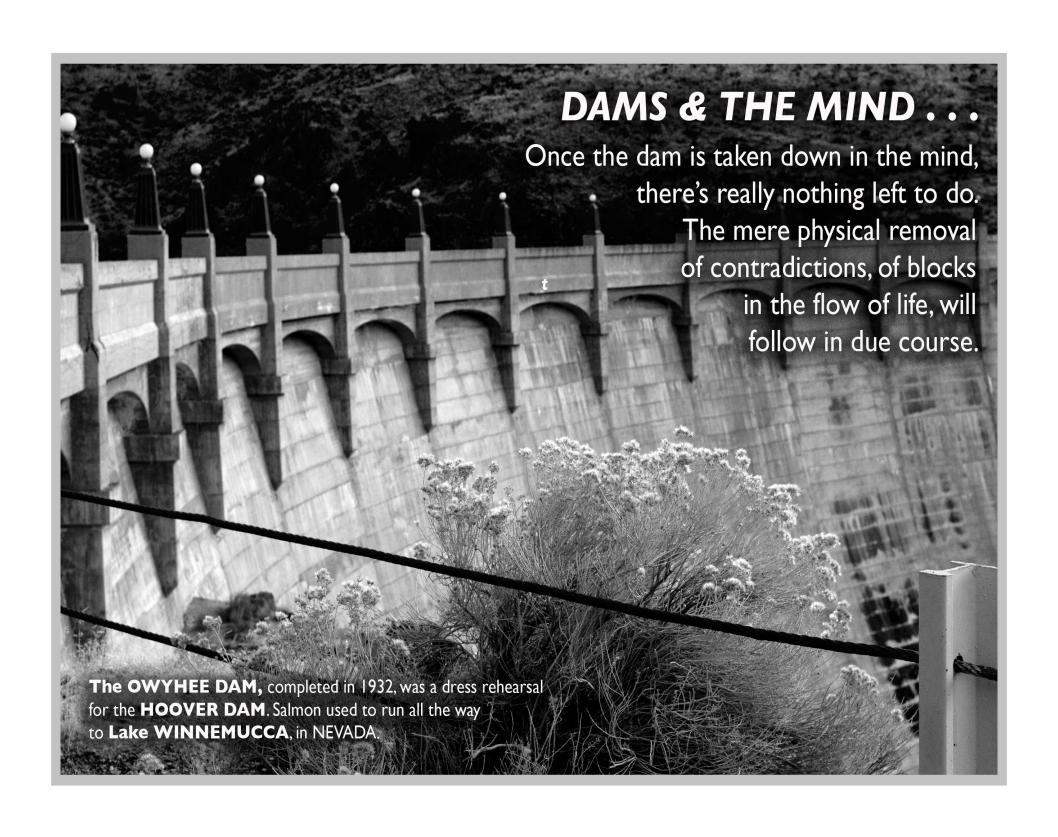
J U N E 2 0 1 9

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23	24	25	26	27	28	29	
30	1	2	3	4	5	6	



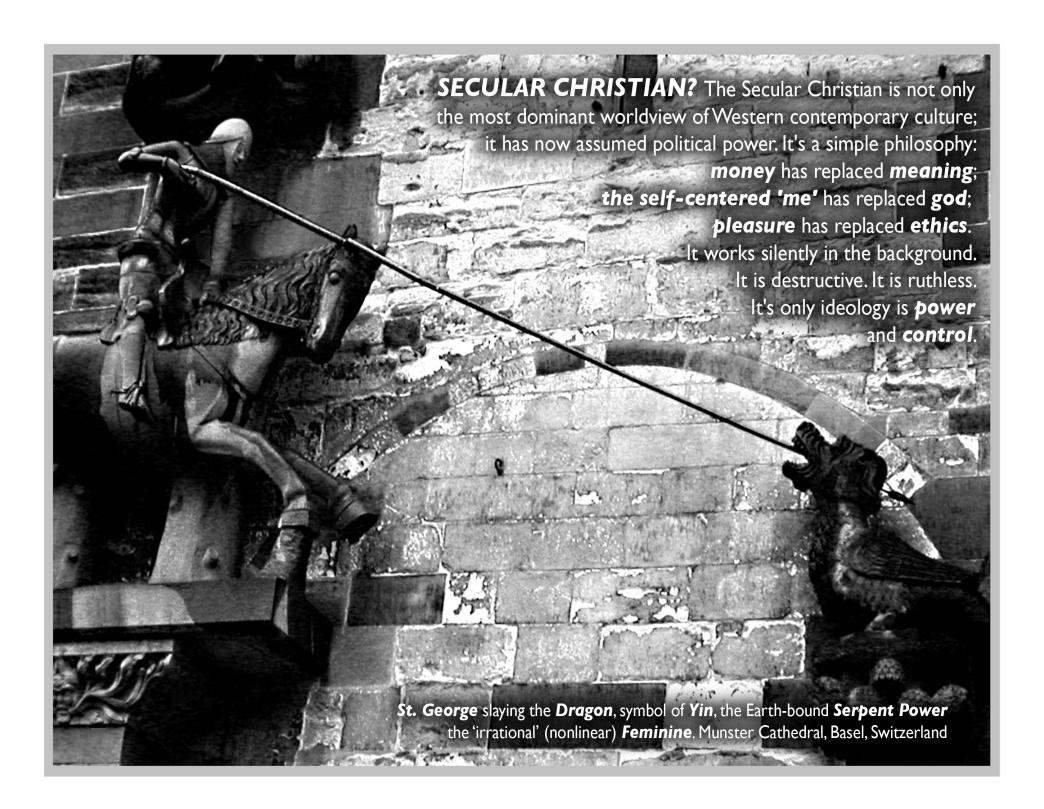
J U L Y 2 0 1 9

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A U G U S T 2 0 1 9

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S E P T E M B E R 2 0 1 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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O C T O B E R 2 0 1 9

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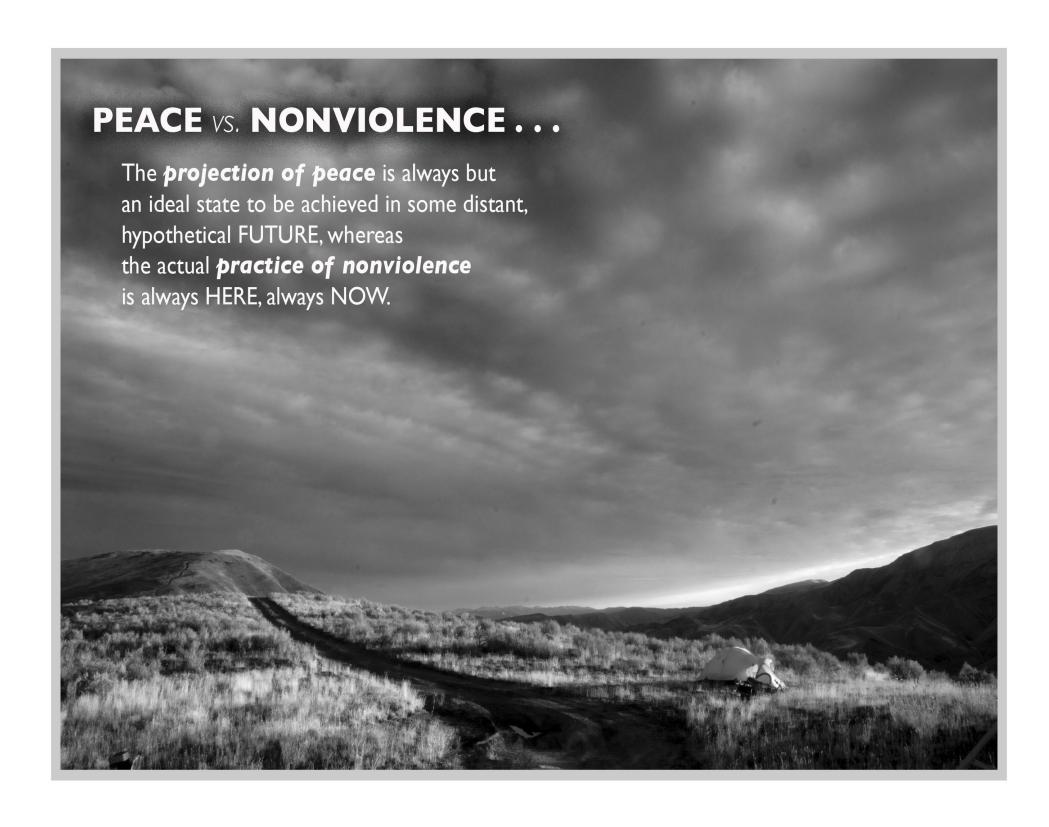


The **root cause of racism** isn't skin color; It's the destructive nature of thought itself. I wrongly divide myself from the world. Everything 'other,' I either *ignore*, or *fear*, or seek to control, or destroy. The geometry of life is not two guns pointed at each other,; It's a circle. We're all brothers and sisters, you and I, the tree, the river, the rock, the sky. Our war against Nature, against ourselves, only ends with a raevolution of thought and consciousness.

DIPPER FALLS, above Cliff River, flowing into the South Fork of the **IMNAHA**, Oregon, flowing in the **SNAKE**, flowing into the **COLUMBIA**, all one river of life...

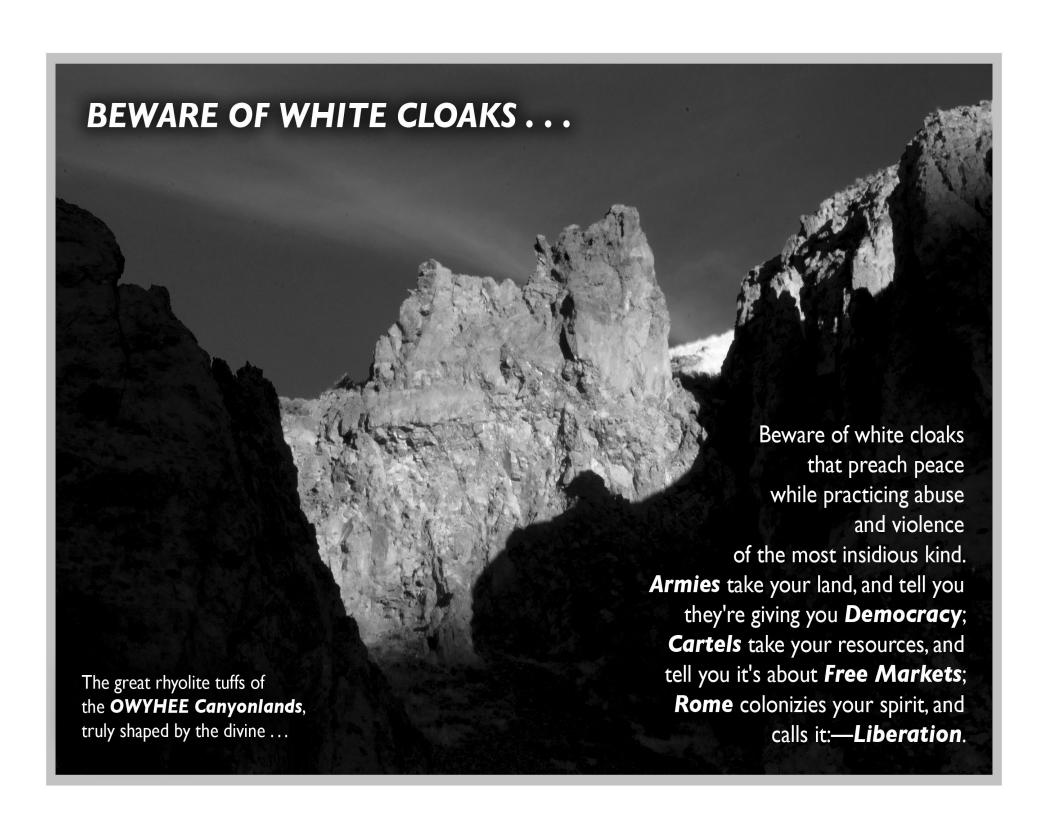
N O V E M B E R 2 0 1 9

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D E C E M B E R 2 0 1 9

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J A N U A R Y 2 0 2 0

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TRUTH IN FUNCTION?

We don't see **NATURE** directly.

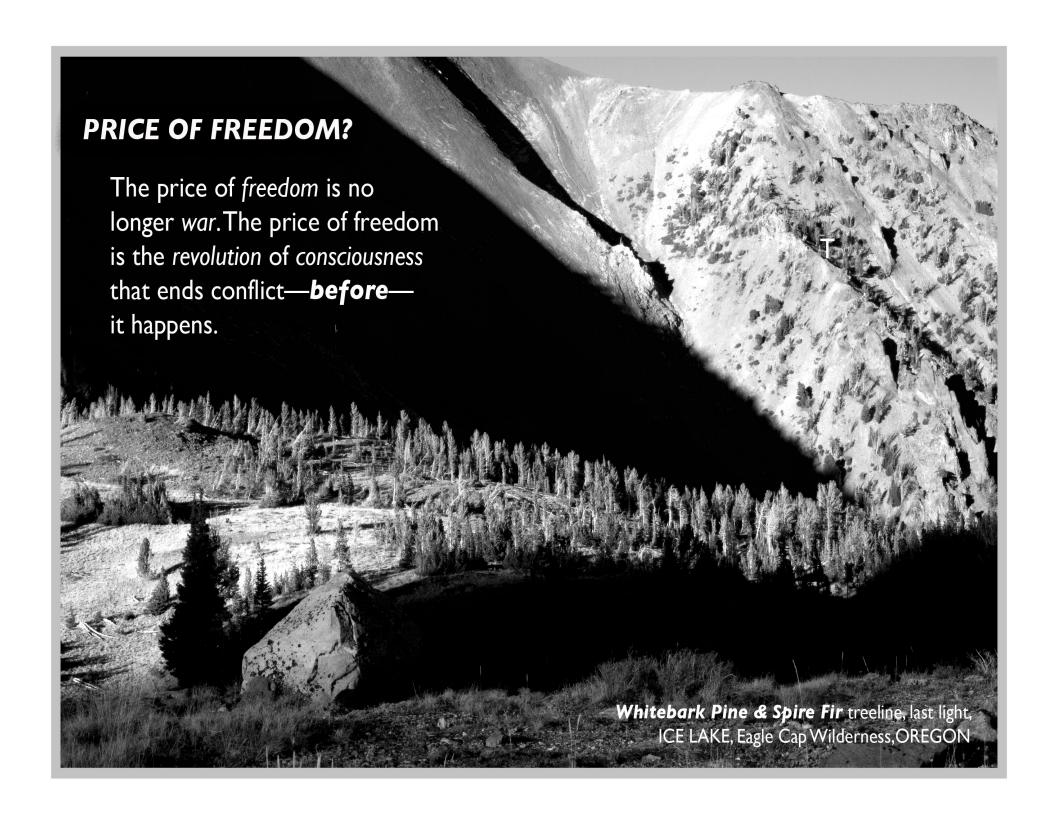
We see our **MAP** of NATURE;
It has many distortions
which lead us astray.

New perception begins in
awareness of the map, a kind
of **attuning the mind to the ground of truth**much like we tune the strings
of a violin, not by running after
the idea of 'perfect intonation,'
but by simply taking away the beats
of a merely **projected REALITY**that are in the way.

IMAGE: Whitebark PINES at 2500 meters in a tight NUTCRACKER CLUSTER. Clark's nutcrackers (Nucifraga columbiana) cache the seeds, some of which are forgotten and then germinate in closely packed ensembles. They appear fused at the base. It is a miracle of co-evolution. The hotter, drier climate of the **Anthropocene** threatens both bird and tree.

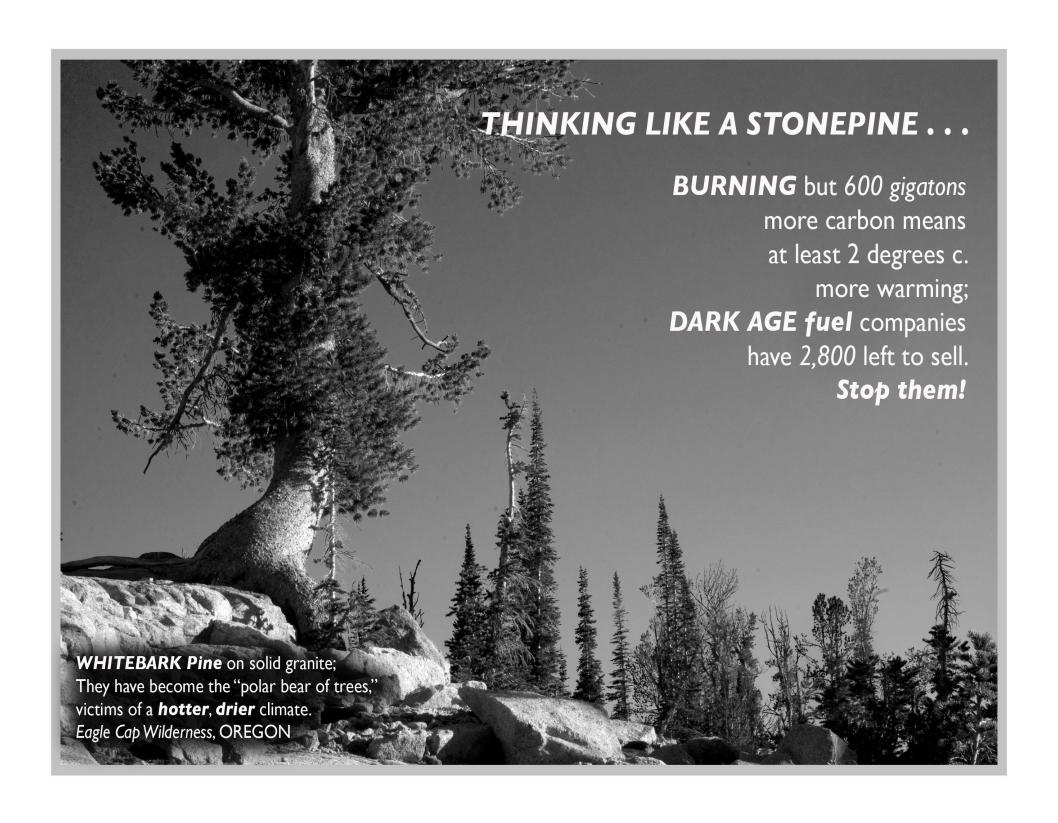
F E B R U A R Y 2 0 2 0

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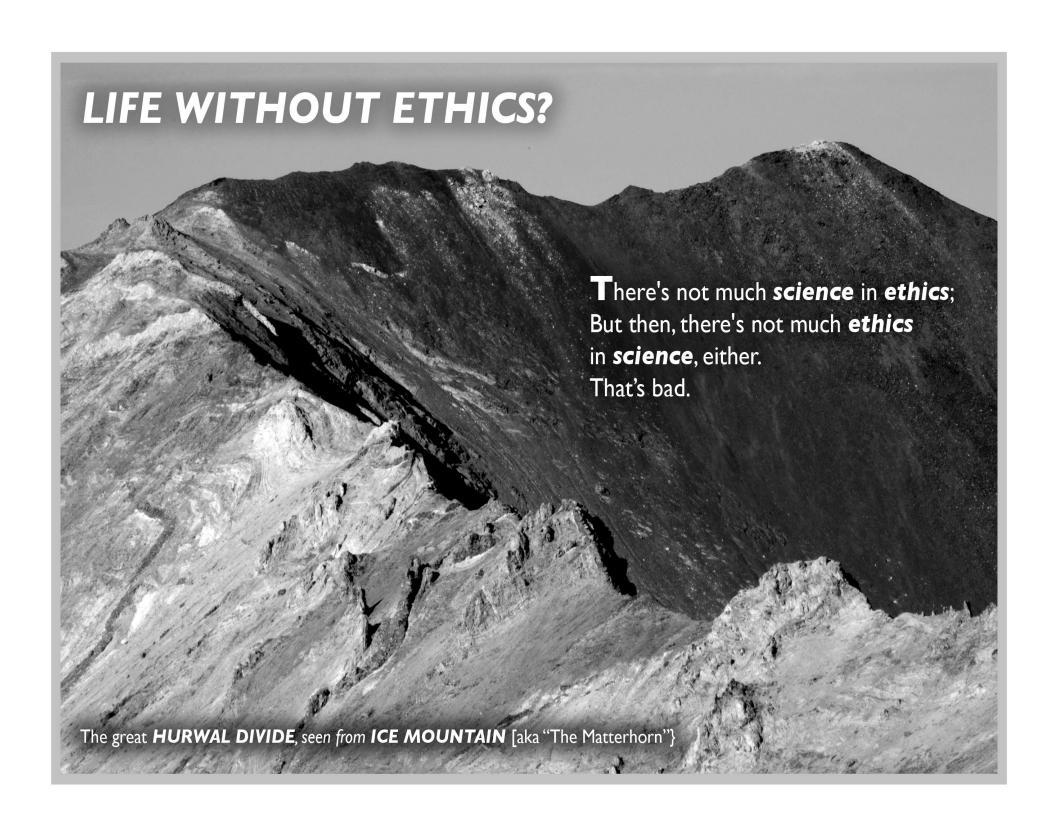
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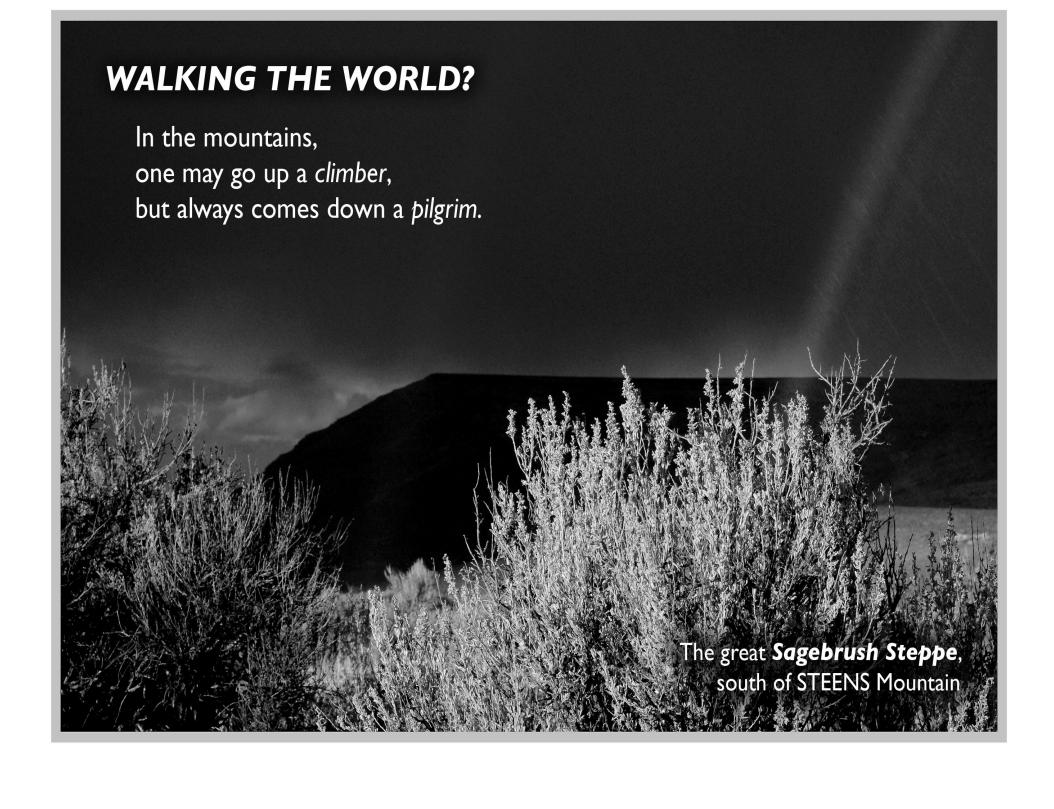
A P R I L 2 0 2 0

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M A Y 2 0 2 0

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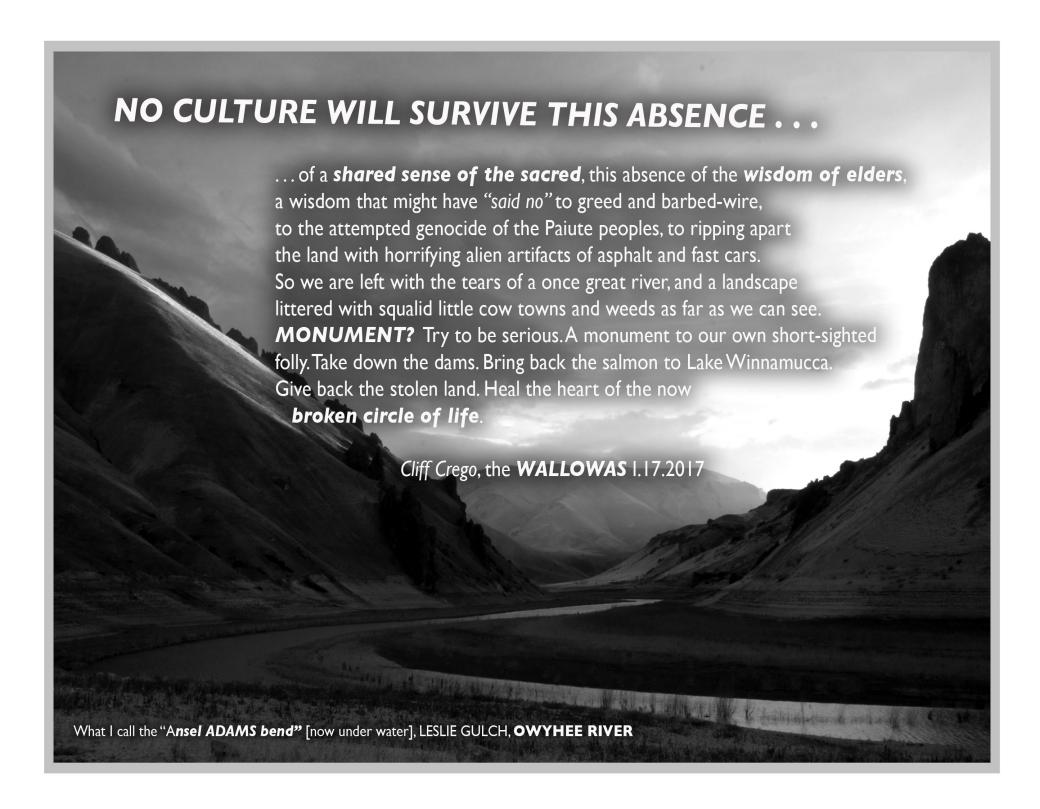
J U N E 2 0 2 0

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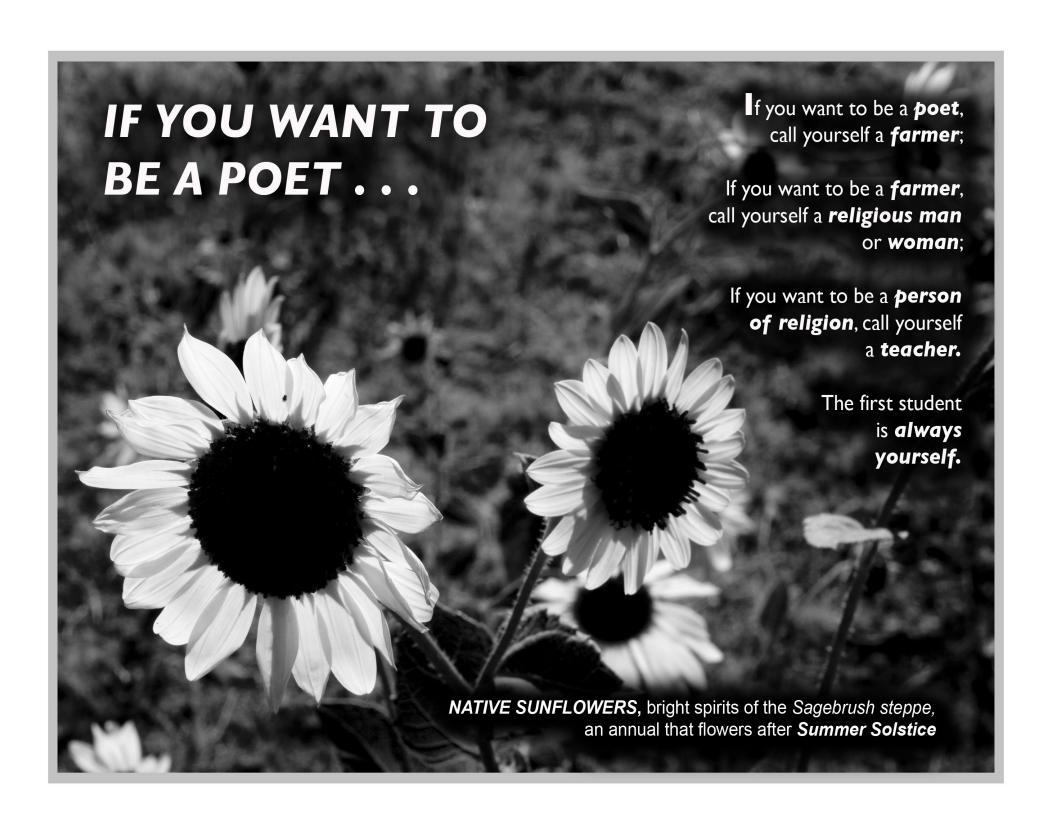
J U L Y 2 0 2 0

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A U G U S T 2 0 2 0

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S E P T E M B E R 2 0 2 0

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THE TWIN GUIDEPOSTS OF LEARNING—

YOGA & THE ALEXANDER TECHNIQUE

The twin guideposts of all learning and education are *Yoga* and *The Alexander Technique*. **Yoga** is in this view much more than simply doing daily exercises, but is also the life-long practice of learning to work and move and do things, important things like learning itself,

without force.

And **The Alexander Technique** (AT) forms the complementary life-long practice of learning to work and move and do things

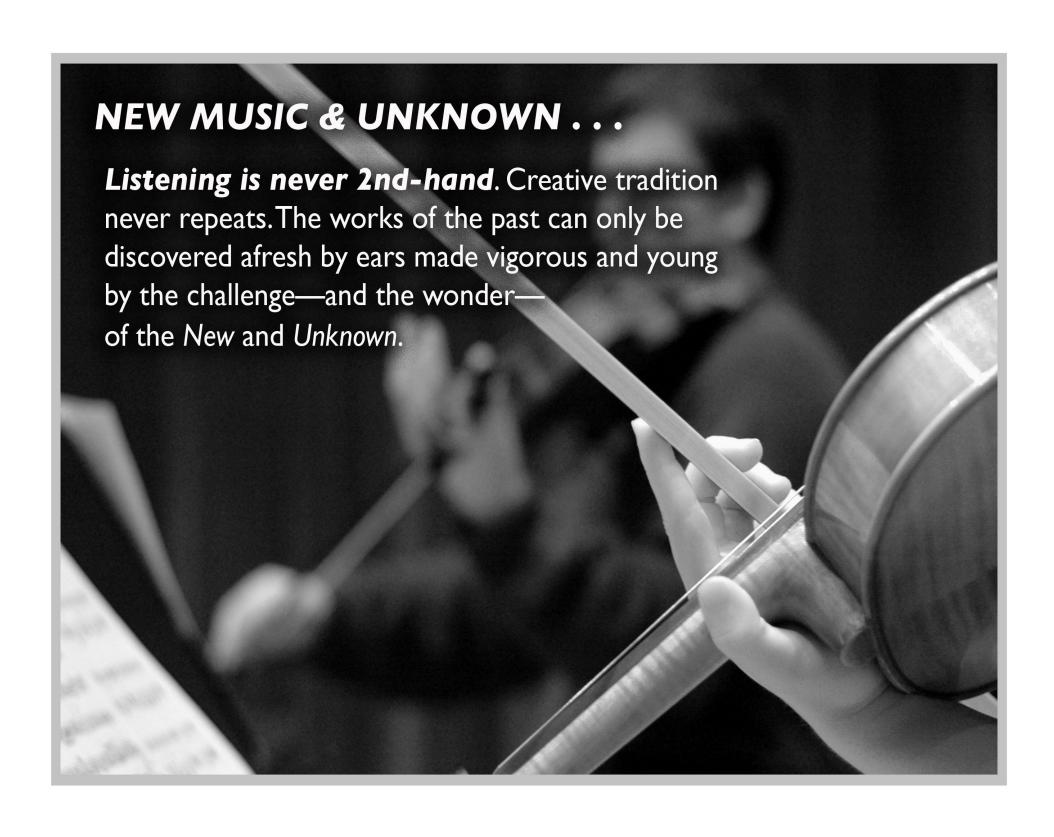
without unnecessary tension.

So we have movement without force, and movement without unnecessary tension. This is learning free of content, being aware of learning itself as it flows around blocks like jealousy or the fear of failure as easily as mountain water flows around even the hardest of granite rocks.

DIPPER FALLS, spring snowmelt, flows into CLIFF River, flows into the IMNAHA, flows into the SNAKE, flows into the COLUMBIA, "The River of Lost Fish"

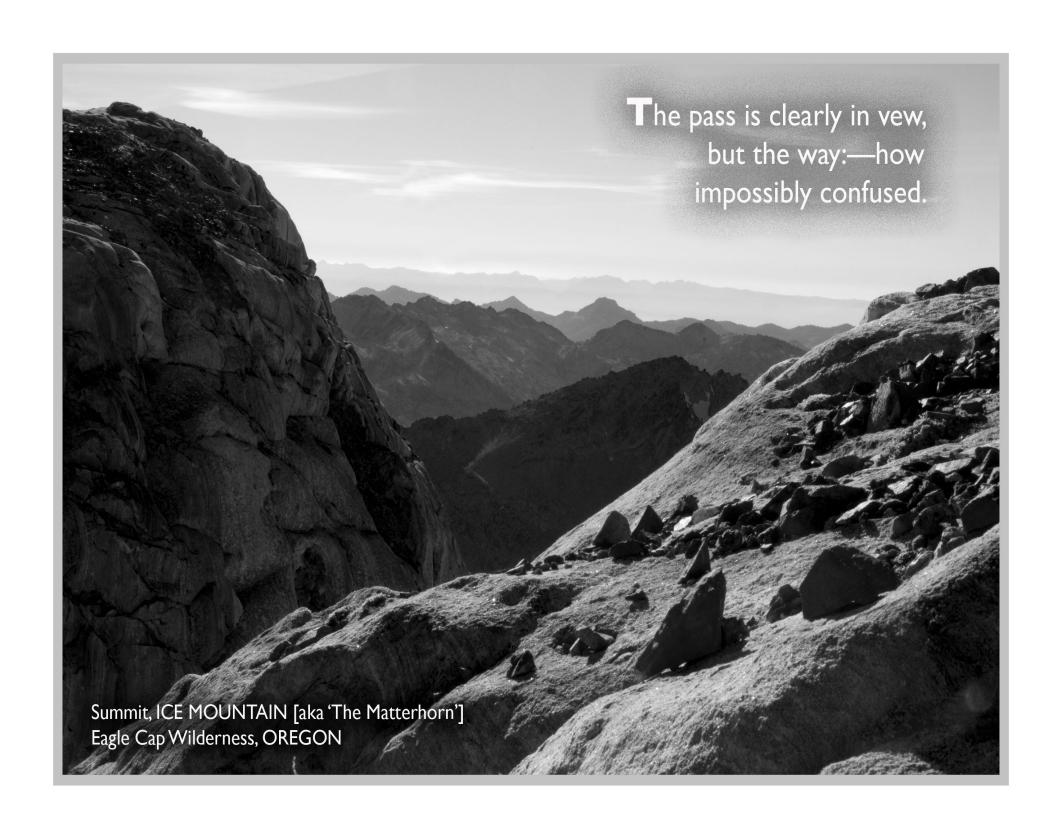
O C T O B E R 2 0 2 0

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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N O V E M B E R 2 0 2 0

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